

---

**morphy richards®**



## **Slow Cooker**

Please read and keep these instructions

---



---

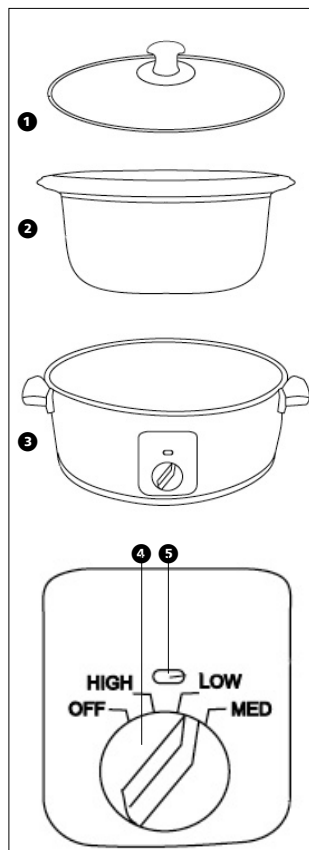
[www.morphyrichards.com](http://www.morphyrichards.com)

---

## IMPORTANT SAFEGUARDS

WHEN USING ELECTRICAL APPLIANCES BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED INCLUDING THE FOLLOWING:

- Read all the instructions.
- To protect against the risk of electrical shock do not put base in water or in any other liquid.
- Close supervision is necessary when any appliance is used near children.
- NEVER ALLOW A CHILD TO USE THIS PRODUCT.
- Unplug from the socket when not in use, before putting on or taking off attachments, and before cleaning.
- Do not operate any appliance with a damaged lead or plug, or after an appliance has malfunctioned, or been damaged in any way. Contact Morphy Richards for advice on examination, repair, electrical or mechanical adjustment.
- The use of attachments or tools not recommended by Morphy Richards may cause fire, electric shock or injury.
- Do not use outdoors.
- DO NOT let the mains lead over hang the edge of the table or work-top, and keep it away from any hot surfaces.
- KEEP YOUR APPLIANCE AWAY FROM ANY HOT BURNERS AND HEATED OVENS.
- Extreme caution must be used when moving an appliance containing hot food, water, or other hot liquids.
- Do not use the appliance for other than intended use.
- Do not switch on the cooker if the ceramic pot is empty.
- Allow lid and crock pot to cool before immersing in water.
- Do not touch hot surfaces. Use oven gloves or a cloth when removing lid or handling hot containers.
- Never cook directly in the base unit. Use the ceramic pot.
- Do not use crock pot or glass lid if cracked or chipped.
- Never leave the appliance connected to the socket outlet when not in use.
- Do not switch on the appliance when it is upside down or laid on its side.



Never touch the outer enclosure of the slow cooker during its operation or before it cools. Use the handles or knobs.



- The glass lid and ceramic pot are fragile. Handle them with care.

### **SAVE THESE INSTRUCTIONS**

- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.

### **Electrical Requirements**

Check that the voltage on the rating plate of your appliance corresponds with your house electricity supply which must be A.C. (Alternating Current).

If the socket outlets in your home are not suitable for the plug supplied with this appliance the plug should be removed and the appropriate one fitted.

**IMPORTANT: THE PLUG REMOVED FROM THE MAINS LEAD, IF SEVERED, MUST BE DESTROYED AS A PLUG WITH BARED FLEXIBLE CORD IS HAZARDOUS IF ENGAGED INTO A LIVE SOCKET OUTLET.**

Where used, should the fuse in the 13 amp plug require changing, a 3 amp BS1362 fuse must be fitted

### **Features**

- ① Glass lid
- ② Ceramic crock pot
- ③ Base
- ④ Control knob
- ⑤ Power indicator

### **Control knob and temperature settings**

The control knob on the slow cooker offers a low, medium and high temperature setting for cooking. This setting allows you to adapt the cooking time to your convenience.

The MED (MEDIUM) setting is the standard setting for slow cooking with this product. This gives you an average of 6-8 hours cooking time.

However, if you wish to extend the cooking period, can use the LOW setting and if you wish to shorten cooking period you can use the HIGH setting.

### **Cooking capacity**

The 6.5 litre Slow Cooker has a maximum working capacity of 4.5 litres. The 3.5 litre Slow Cooker has a maximum working capacity of 2.5 litres.

### **Before first use**

- Remove all labels and tags from the product.
- Wash the crock pot and glass lid in hot soapy water, with a sponge or a dish cloth, rinse thoroughly and dry.

**IMPORTANT: DO NOT IMMERSE THE SLOW COOKER BASE IN WATER.**

Please note: During initial use you may notice a slight odour due to the burning off of manufacturing residues. This is completely normal and will disappear after a few uses.

### **Instructions for use**

- 1 Place the base ③ on a dry, level, heat resistant surface, away from the edge of the work surface. Do not use on the floor.
- 2 Place ingredients into the ceramic crock pot ②, and place the pot into the base. Cover with the glass lid. If you need to pre-cook or brown foods prior to slow cooking, this must be done in a pan. Do not try to brown or pre-cook food in the slow cooker.



- 3 With the control knob ④ set to the OFF position, plug the unit into the mains socket.
- 4 Set the heat control to low, medium or high and cook for the recommended time given in the recipes or use the cooking guide in page 6.
- 5 Switch off and unplug the slow cooker after cooking and remove the crock pot using oven gloves.

CAUTION: BE CAREFUL NOT TO TOUCH THE BASE UNIT AFTER COOKING AS IT REMAINS HOT.

### About slow cooking

- Slow cooking has always been the best way to prepare a nutritious hot meal with minimum preparation and maximum free time away from the kitchen. Morphy Richards has brought this style of cooking into this modern, cooking system; providing you with style, convenience and great tasting meals.
- Traditionally slow cooking has centred on soups and casseroles but with this oval ceramic crock pot you can also produce most modern family meals and dinner party dishes. This pot is convenient as well as looking good enough to take straight to the table for serving. (Always place the crock pot on a heat proof mat or surface).
- Slow cooking gives you convenient, versatile and flavoursome food. The longer cooking times allow better distribution of flavours, giving them time to blend and season the food. A slow cooker heats food gently, making it a great way to cook meats in particular less-expensive cuts, such as stewing beef, which are tenderized through the long cooking process. Remember, there are no limits to the potential uses of your slow cooker, only your imagination!

IMPORTANT: The slow cooker works by building up heat and maintaining an even temperature. To get the best cooking results, do not remove the lid during cooking, since this will lose heat and therefore slow down the cooking time. The glass lid allows you to monitor the cooking progress without interrupting the cooking time.

### Suitable foods for slow cooking

- Most foods are suited to slow cooking methods, however there are a few guidelines that need to be followed.
- Make sure all frozen ingredients are well thawed out.
- Cut root vegetables into small, even pieces, as they take longer to cook than meat. They should be gently sautéed for 2-3 minutes before slow cooking. Ensure that root vegetables are always placed at the bottom of the pot and all ingredients are immersed in the cooking liquid.
- Trim all excess fat from meat before cooking, since the slow cooking method does not allow fat to evaporate.
- If adapting an existing recipe from conventional cooking, you may need to cut down on the amount of liquid used. Liquid will not evaporate from the slow cooker to the same extent as with conventional cooking.
- Never leave uncooked food at room temperature in the slow cooker.
- Do not use the slow cooker to reheat food.
- Uncooked red beans must be soaked and boiled for at least 10 minutes to remove toxins before use in a slow cooker.
- Insert a meat thermometer into joints of roasts, hams, or whole chickens to ensure they are cooked to the desired temperature.

### Do's and do not's for the crock pot

- Authentic stoneware is fired at high temperatures therefore the crock pot may have minor surface blemishes, the glass lid may rock slightly due to these imperfections. Low heat cooking does not produce steam so there will be little heat loss. Due to normal wear and tear through the products life, the outer surface may start appearing 'crazed'.



- Do not put the crock pot or glass lid in an oven, freezer, microwave or on a gas/electrical hob.
- Do not pre-heat before adding ingredients.
- Do not subject the crock pot to sudden changes in temperature. Adding cold water to a very hot pot could cause it to crack.
- Do not allow the pot to stand in water for a long time (you can leave water in the pot to soak). There is an area on the base of the crock pot that has to remain unglazed for manufacturing purposes. This unglazed area is porous, therefore will soak up water, this should be avoided.
- Do not switch the cooker on when the crock pot is empty or out of the base.
- If you are short on preparation time and would prefer to skip the browning stage, simply add your meat and other ingredients into the slow cooker and cover with boiling liquid/stock. You will need to increase the recipe cooking time as follows: High setting +1hr, Medium setting +1-2hrs, Low Setting +2-3hrs.
- Most meat and vegetable recipes require 8-10 hours on low, 5-7 hours on medium and 4-6 hours on high.
- Do not use frozen meat or poultry unless it is thoroughly thawed out first.
- Some ingredients are not suitable for slow cooking. Pasta, seafood, milk, and cream should be added towards the end of the cooking time. Many things can affect how quickly a recipe will cook, water and fat content, initial temperature of the food and the size of the food.

### ***Tips for slow cooking***

- The slow cooker must be at least half full for best results.
- Slow cooking retains moisture. If you wish to reduce this, remove the lid after cooking and turn the control to high (if set to low or medium) and reduce the moisture by simmering for 30 to 45 minutes.
- Removing the lid will allow valuable heat to escape, reducing the efficiency of your slow cooker and increasing the cooking time. If you remove the lid more than a couple of times to stir or add ingredients then you will need to allow 10-15 minutes extra cooking time each time you remove the lid.
- If cooking soups, leave 5 cm space between the top of the cook pot and the food surface to allow for simmering.
- Many recipes will take several hours to cook. If you don't have time to prepare food in the morning, prepare it the night before, storing the food in a covered container in the fridge. Transfer the food to the crock pot and add boiling liquid/stock. In most of the recipes in this book the meat ingredients are browned first to improve their appearance and flavour.
- Pieces of food cut into small pieces will cook quicker. A degree of 'trial and error' will be required to fully optimise the potential of your slow cooker.
- Vegetables usually take longer to cook than meat, so try and arrange vegetables in the lower half of the pot.
- After food is cooked switch off and leave covered with the lid. There will be enough heat in the crock pot to keep warm for 30 minutes. If you require longer to keep warm switch to the low setting.
- All food should be covered with a liquid, gravy or sauce. In a separate pan or jug prepare your liquid, gravy or sauce and completely cover the food in the crock pot.
- Pre-brown meat and onions in a pan to seal in the juices this also reduces the fat content if separated before adding to the crock pot. This is not necessary if the time is limited, but improves the flavour.
- When cooking joints of meat, ham, poultry etc the size and shape of the joint is important. Try to keep the joint in the lower 2/3 of the pot and fully cover with water. If necessary, cut into two pieces. Joint weight should be kept within the maximum limit.



1 kg medium sized slow cooker

1.5 kg large sized slow cooker

## **Cooking guide**

The cooking times given in the following recipes are for the 'MEDIUM' setting. Should you want to increase or reduce the time please refer to the cooking guide in the table below. Please note that these cooking times are for guidance only and may vary depending on food type and personal tastes. For your convenience a conversion table for weight and volume has been included on page 19.

Eg. If the recipe says cook for 4-6 hours (MED) and you require this to be a shorter time cook on HIGH, which will reduce the cooking time to 3-4 hours. Increasing the time choose LOW which will give 6-8 hours.

The recipes are based on  
MAXIMUM WORKING VOLUMES  
which are:

### **6.5 litres - 48715 model**

Working capacity 4 1/2 litres / 8 pts  
This allows a 3cm space between  
the top of the cook pot and the  
food.

### **3.5 litres - 48710 / 48713 / 48714 / 48720 model**

Working capacity 2 1/2 litres / 4 1/2  
pts This allows a 2cm space  
between the top of the cook pot  
and the food.

(NOTE: THE MODEL NUMBER CAN  
BE FOUND ON THE RATING PLATE  
UNDERNEATH THE PRODUCT)

<b>Cook on MEDIUM</b>	<b>Cook on LOW</b>	<b>Cook on HIGH</b>
4-6 hours	6-8 hours	3-4 hours
6-8 hours	8-10 hours	5-6 hours
8-10 hours	10-12 hours	7-8 hours

## RECIPES

### Soups

#### Minestrone soup

	2.5 litres	4.5 litres
Butter	30g	55g
Streaky bacon, chopped	60g	100g
Onion, finely chopped	1 large	2 large
Clove garlic, crushed	1	2
Celery, chopped	3 sticks	4 sticks
Potatoes, peeled and cubed	300g	500g
Carrots, peeled and diced	2 medium	2 large
Cabbage leaves, shredded	3	4
Tomatoes, skinned and roughly chopped	3 medium	4 large
Chicken stock	1.25 litres	2.25 litres
Tomato puree	1 1/2 tbsp	3 tbsp
Worcestershire sauce	1 1/2 tsp	3 tsp
Salt and freshly ground black pepper		
Parsley, finely chopped	1 1/2 tbsp	2 tbsp
Pasta shells	75g	150g
Parmesan cheese, grated	2-3 tbsp	3 tbsp

#### Method

Melt the butter in a pan and fry bacon and vegetables until soft. Make up stock and add stock, bacon and vegetables to the crock pot. Add remaining ingredients except the parsley, pasta shells and parmesan cheese. Place the crock pot in the base unit, cover with lid and cook for approx. 4-6 hours. 45 minutes before serving add the pasta shells and parsley. Adjust the seasoning if necessary and sprinkle with parmesan cheese. Serve with crusty french bread.



### Lentil soup

	2.5 litres	4.5 litres
Smoked bacon, chopped		
	125g	200g
Onion, finely chopped	1 large	2 large
Carrots, finely diced	3	4
Celery, finely sliced	2 sticks	4 sticks
Orange lentils	200g	400g
Can of chopped tomatoes		
	400g	2x400g
Chicken stock	1100ml	2 litres
Worcestershire sauce	3 tsp	4 tsp
Pinch of nutmeg		
Bayleaf	1	1
Basil	1 tsp	2 tsp
Salt and freshly ground black pepper		
Parsley, finely chopped		
	1 tbsp	2 tbsp

#### Method

In a pan gently fry the bacon until the fat begins to run. Add the onion, carrot and celery and fry until soft. Add all the remaining ingredients except the parsley and bring to the boil. Simmer for 2 minutes. Transfer to the crock pot. Place crock pot into the slow cooker base, cover with the lid. Cook for approx. 4-8 hours. If a smoother consistency is required liquidise the soup after cooling and then reheat the soup in a pan. Sprinkle with parsley and serve with crusty french bread.

### Vegetable soup

	2.5 litres	4.5 litres
Butter	30g	60g
Mixed vegetables, e.g. potato, onion, carrot, parsnips, celery, leek, tomato		
	1.25kg	2.2kg
Flour	30g	60g
Stock	1100ml	2 litres
Salt and freshly ground black pepper		
Mixed herbs	1tsp	2tsp

#### Method

Peel, wash and cube or slice all the vegetables. Melt butter in a pan and gently fry the vegetables for 2-3 minutes. Add the hot stock. Stir well and bring to the boil. Season to taste and add mixed herbs. Transfer all ingredients to the crock pot and place pot in the slow cooker base. Cover with the lid and cook for approx. 6-8 hours. Cool and liquidise the soup and then reheat in a pan on the hob. Thicken it with the flour.



## Poultry

### Chicken paprika

	2.5 litres	4.5 litres
Chicken portions	4	8
Butter	30g	60g
Seasoned flour	50g	60g
Onions, chopped	3 large	4 large
Carrots peeled and sliced	4	6
Green pepper, de-seeded and chopped	1	2
Paprika	1tsp	3tsp
Tomato puree	1tsp	3tsp
Chicken stock	500ml	1 litre
Salt and freshly ground black pepper		

#### Method

Clean, wipe and dry chicken, coat in seasoned flour. Using a pan, fry the chicken in the butter until brown all over. Add onions and carrots and fry until soft. Add pepper, paprika, tomato puree, and the remaining flour, stir well. Gradually mix in the chicken stock. Bring to the boil and season. Transfer all ingredients to the crock pot and place in the base unit. Cover with the lid and cook for approx. 4-7 hours.

### Caribbean chicken

	2.5 litres	4.5 litres
Vegetable oil	2 tbsp	3 tbsp
Onion, chopped	2 small	2 large
Celery, chopped	2 sticks	4 sticks
Carrots, sliced	2	3
Mushrooms, sliced	250g	500g
Red pepper, de-seeded and sliced	1	2
Chicken joints, skinned	4	8
Can sliced peaches	200g	400g
Can pineapple chunks	400g	400g
Cornflour	5 tbsp	10 tbsp
Paprika	1 tsp	3 tsp
Soy sauce	1 tbsp	3 tbsp
Worcestershire sauce	1 tbsp	3 tbsp
Malt/wine vinegar	4 tbsp	8 tbsp
Boiling water	1/2 litre	1 litre
Salt and freshly ground black pepper		

#### Method

Fry onions, celery, carrot, mushrooms and pepper in a pan. Add chicken joints and fry until browned all over. Drain peaches, and pineapple, reserving juice, and add them to the pan. To make the sauce blend cornflour and paprika with soy sauce, worcestershire sauce, vinegar and reserved juice, add seasoning, boiling water and pour into pan. Bring the sauce to the boil, stirring continuously. Transfer all ingredients to the slow crock pot and place pot into the base unit. Cover with the lid and cook for approx. 5-7 hours.

### Chicken in white wine sauce

	2.5 litres	4.5 litres
Chicken joints, skinned		
	4	8
Butter	30g	75g
Onion, finely chopped	1 large	2 large
Mushrooms, sliced	125g	250g
Cornflour	2 tbsp	3 tbsp
Dry white wine	500ml	1 litre
Mixed herbs	1tsp	3 tsp
Salt and freshly ground black pepper		
Egg yolks	2	2
Double cream	5 tbsp	9 tbsp

#### Method

Place the chicken joints and butter in a pan and gently fry until all the juices are sealed in. Add the onion and fry until softened but not browned. Add the mushrooms and cook for a minute on low heat. Blend the cornflour with a little of the wine. Pour the remaining wine into the pot with the blended cornflour, mixed herbs and seasoning. Bring to the boil, stirring continuously until thickened. Transfer all ingredients to the crock pot, place in the base of the slow cooker and place the lid on the slow cooker. Cook for approx. 5-8 hours. Just before serving beat together the egg yolk and cream. Beat in a few tablespoons of hot sauce mix well together. Pour this mixture into the slow crock pot and stir until the sauce thickens.

### Chicken and mushroom casserole

	2.5 litres	4.5 litres
Chicken quarters	4	8
Butter	30g	75g
Flour	2 tbsp	3 tbsp
Onions, finely chopped		
	1 large	2 large
Celery, thinly sliced	3 sticks	3 sticks
Mushrooms, thinly sliced		
	250g	500g
Clove of garlic, crushed		
	1	2
Chicken stock	375ml	1 litre
salt and freshly ground black pepper		
Cream (optional)	4 tbsp	7 tbsp

#### Method

Toss the chicken in the flour, place in a pan and fry in the butter until golden brown on all sides. Add the onion and celery and gently fry until softened but not browned. Add the mushrooms and garlic and stir in the stock. Bring to the boil and season. Transfer all ingredients to the slow crock pot and place pot in the base unit. Place lid on the slow cooker. Ensure that the chicken and vegetables are immersed. Cook for approx. 5-7 hours. Before serving, stir in the cream.



## Fricassee of Turkey

	2.5 litres	4.5 litres
Turkey portions	4	8
Onions, finely chopped		
	1 large	2 large
Butter	30g	75g
Mushrooms, sliced	125g	225g
Bouquet garni		
Sliver of zest of lemon		
Salt and freshly ground black pepper		
Stock	400ml	1 litre
Cornflour	2 tbsp	5 tbsp
Milk	4 tbsp	9 tbsp

### Method

In a pan gently fry the onions in the butter until softened but not browned. Cube the turkey meat and add to the pan. Add the remaining ingredients, except the milk and cornflour, and bring to the boil. Transfer all the ingredients to the crock pot. Place the crock pot in the slow cooker base unit. Place the lid over the slow cooker. Cook for approx. 4-6 hour. Remove the bouquet garni and lemon half an hour before serving. Pour the liquid into a pan. Blend the cornflour with the milk and pour into the pan. Stir well and leave to thicken.

## Meat

### New England beef

	2.5 litres	4.5 litres
Piece of topside	1 kg	1.5 kg
Bouquet garni	1	1
Thyme	1tsp	11/2 tsp
Black peppercorns	1tsp	11/2 tsp
Shallots	4	8
Carrots, sliced	225g	400g
Swede, diced	100g	200g

### Method

Put the beef into a pan and cover with cold water. Add all the remaining ingredients, cover and bring to a simmer. Season well and then transfer all the ingredients to the slow crock pot. Place the crock pot in the slow cooker base. Place the lid over onto the slow cooker. Cook for approx. 5 - 7 hours. Take the beef out of the slow cooker with a slotted spoon and allow to cool for 10 minutes. The cooking liquid can be used as a base to make gravy. Cut the beef into slices and spoon a little of the cooking liquid over. Serve with vegetables and garnish with fresh parsley.

**IMPORTANT:** When buying a joint of meat, make sure that it will fit the slow cook pot. It should fit into the crock pot so that when it is covered with liquid it will still be 2.5cm below the rim of the pot. The joint must not stick out above the rim and there should be enough room to cover the meat with water. The shape of the meat is just as important as the weight.



### Paprika beef

	2.5 litres	4.5 litres
Stewing steak	700g	1.5 kg
Seasoned flour	30g	75g
Onions, chopped	2 large	4 large
Clove of garlic, crushed	1	2
Cooking fat	30g	75g
Tomatoes	500g	1 kg
Brown stock	400ml	1 litre
Paprika	1 1/2 tsp	3 tsp
Tomato puree	1 1/2 tbsp	3 tbsp
Bay leaves	2	4
Mixed herbs	1 1/2 tsp	3 tsp
Salt and freshly ground black pepper		

#### Method

Cut the meat into cubes and toss in seasoned flour. In a pan fry onions and garlic until softened, then add the meat and continue to fry until the meat is slightly browned. Skin and chop tomatoes finely, add to meat with the stock, (blended with the paprika) tomato puree, bay leaves and mixed herbs. Season to taste and bring to a simmer. Transfer all ingredients to the crock pot and place pot in the base unit. Cover with the lid. Cook for approx. 5-8 hours. Before serving remove the bay leaves and thicken the sauce if necessary.

### Beef in red wine

	2.5 litres	4.5 litres
Oil	2 tbsp	3 tbsp
Onions, chopped	1 large	2 large
Stewing beef, cubed	700g	1.5 kg
Black olives	8	16
Clove garlic, crushed (optional)	1	2
tomatoes skinned, de-seeded and roughly chopped	5	10
Mushrooms	125g	800g
Dry red wine	400ml	1 litre
Salt and freshly ground black pepper		
Bay leaf	1	2
Freshly chopped parsley		

#### Method

In a pan gently fry the onion in the oil until softened. Add the beef and brown on all sides. Add all the remaining ingredients except the parsley and bring to a simmer. Transfer all the ingredients into the crock pot and place the pot into the slow cooker base. Place the lid into the slow cooker. Cook for approx. 4-8 hours. Before serving remove the bay leaf and sprinkle with parsley.



### Hungarian Goulash

	2.5 litres	4.5 litres
Stewing steak, cut into cubes		
	500g	1 kg
Seasoned flour	30g	75g
Vegetable oil	3 tbsp	5 tbsp
Onions, finely chopped		
	1 large	2 large
Green pepper, de-seeded and chopped		
	1	1
Carrot, peeled and chopped		
	2	2
Sticks celery chopped	1	2
Paprika	1tsp	3tsp
Tomato puree	3 tbsp	5 tbsp
Pinch of grated nutmeg		
Mixed herbs	3 tsp	5 tsp
Salt and freshly ground black pepper		
Beef stock	200ml	400ml
Can of tomatoes, roughly chopped		
	200g	400g
Red wine (optional)	200ml	400ml
Worcestershire sauce	3 tsp	5 tsp

#### Method

Toss the meat in seasoned flour. Heat the oil in a pan and fry onions, pepper, carrot and celery until soft. Add the meat and fry until browned. Add the paprika, tomato puree, nutmeg, mixed herbs and seasoning and cook for a further 2 minutes. Add stock, tomatoes, red wine and worcestershire sauce. Bring to a simmer. Transfer all the ingredients into the crock pot and place the pot into the slower cooker base. Place the lid onto the slow cooker. Cook for approx. 5-7 hours.

### Chilli con carne

	2.5 litres	4.5 litres
Vegetable oil	2 tbsp	3 tbsp
Onions, chopped	2 large	2 large
Garlic, crushed	2 cloves	4 cloves
Green pepper de-seeded and chopped		
	1	1
Minced beef	500g	1 kg
Can of tomatoes, chopped		
	400g	2x400g
Chilli powder	1 1/2 tsp	3 tsp
Flour	1 1/2 tbsp	3 tbsp
Brown sugar	1 1/2 tsp	3 tsp
Tomato puree	4 tbsp	7 tbsp
Salt and freshly ground black pepper		
Can red kidney beans, drained		
	425g	2x400g

#### Method

Fry onions, garlic and pepper in a pan until soft. Add minced beef and fry until lightly browned. Blend together chilli powder, flour, brown sugar and tomato puree. Stir in tomatoes, chilli paste and seasoning. Transfer all ingredients to the crock pot and place pot in slow cooker base. Place lid on the slow cooker. Cook for approx. 3-7 hours. One hour before serving add the kidney beans. Serve with boiled rice or baked potatoes.



### Steak and kidney ragout

	2.5 litres	4.5 litres
Stewing steak	700g	1.5 kg
Kidney	200g	300g
Flour	2 tbsp	3 tbsp
Onions, quartered	2 large	4 large
Hot beef stock	600ml	1 litre
Red wine	200ml	400ml
Tomato puree	3 tbsp	5 tbsp
Worcestershire sauce	11/2 tsp	2 tsp
Button mushrooms	125g	225g

#### Method

Using a sharp knife trim the beef and cut into 1 inch (2.5cm) cubes. Cut the kidney into bite size pieces. Coat the beef with the flour. Place into a pan with onions, stock, wine and tomato puree. Bring to a simmer. Add the worcestershire sauce and season. Transfer all ingredients to the crock pot and place in the base unit. Place the lid on the slow cooker. Cook for approx. 5 - 7 hours. Add the button mushrooms one hour before serving. This recipe can be used as a base for steak and kidney pie.

### Beef Curry

	2.5 litres	4.5 litres
Vegetable oil	3 tbsp	5 tbsp
Cooking apple, peeled, cored and sliced		
	2 medium	2 large
Onions, chopped	2 large	4 large
Stewing steak, cubed	700g	1.5 kg
Curry powder	3 tsp	5 tsp
Plain flour	3 tbsp	5 tbsp
Beef stock	400ml	1 litre
Salt and freshly ground black pepper		
Mango chutney	3 tbsp	5 tbsp
Sultanas	75g	125g
Tin tomatoes, chopped		
	200g	400g
Lemon juice	2 tbsp	2 tbsp

#### Method

Fry the apple and onion in a pan until soft. Coat the meat in seasoned flour, add to the pan and fry until lightly browned. Stir in the stock and bring to a simmer. Add remaining ingredients and bring back to a simmer. Transfer all the ingredients to the crock pot and place pot in the slow cooker base. Place the lid onto the slow cooker. Cook for approx. 4-7 hours. At the end of the cooking time it may be necessary to thicken the sauce.



### Bolognese sauce

	2.5 litres	4.5 litres
Minced beef	700g	1 kg
Onions, finely chopped		
	1 large	2 large
Celery, thinly sliced	3 sticks	4 sticks
Cloves garlic, crushed		
	1	2
Tomato puree	3 tbsp	5 tbsp
Flour	1 tbsp	3 tbsp
Can of tomatoes including juice		
	400g	2x400g
Beef stock	250ml	400ml
Mushrooms, sliced	125g	200g
Mixed herbs	1 tsp	1 tsp
Salt and freshly ground black pepper		

#### Method

In a pan gently brown the mince without adding any fat or oil. When the fat has started to run from the meat add the onion, celery and garlic. Fry for a couple of minutes and then add the tomato puree. Blend some of the tomato juice with the flour to make a smooth pouring cream, add to the meat with remaining tomatoes and juice and bring to the boil stirring continuously until thickened. Add the remaining ingredients and mix well. Transfer all the ingredients to the crock pot and place in the base of the slow cooker. Place the lid on the slow cooker. Cook for approx. 3-8 hours. (Note: a slight 'crust' of brown meat may appear on the top. It soon disappears if stirred into the sauce).

### Pork goulash

	2.5 litres	4.5 litres
Oil	2 tbsp	3 tbsp
Onion, finely chopped	1	2
Flour	4 tbsp	7 tbsp
Paprika	1 1/2 tsp	2 tsp
Salt and freshly ground black pepper		
Stewing pork, cubed	750g	1.5 kg
Red pepper de-seeded and diced		
	1	2
Oregano	1 tsp	1 tsp
Tomato puree	3 tbsp	5 tbsp
Stock	450ml	1 litre
Small carton of soured cream or yoghurt		
	1	2

#### Method

In a pan gently fry onion in the oil until soft. Blend together the flour, paprika, salt and pepper. Toss the pork in the seasoned flour and add to the pan, fry until brown on all sides. Add red pepper, oregano, puree and stock. Bring to the boil, stirring continuously until thickened. Transfer all the ingredients to the crock pot and place into the slow cooker base. Place the lid on the pot and cook for approx. 4-8 hours. Just before serving swirl the cream or yoghurt into the goulash.



### Oriental honeyed pork

	2.5 litres	4.5 litres
Pork fillet	550g	1 kg
Seasoned cornflour	4 tbsp	6 tbsp
Corn oil	4 tbsp	6 tbsp
Onion, chopped	1 large	1 large
Cloves garlic, crushed	1	2
Green peppers, de-seeded and chopped	1	2
Pineapple chunks, drained (reserve juice)	400g	2x400g
Mushrooms, sliced	6	8
Ripe tomatoes quartered	4	6

### SAUCE

Chicken stock	600ml	1 litre
Honey	4 tbsp	5 tbsp
Soy sauce	2 tbsp	3 tbsp
Cornflour	4 tbsp	5 tbsp
Pineapple juice (reserved from chunks)		

### Method

Cut pork into cubes and toss in seasoned cornflour. Heat oil in a pan and fry garlic and onion. Add pork and fry until lightly browned on all sides. Lower heat and add pepper, pineapple, mushrooms and tomatoes, leave on gentle heat whilst preparing sauce. To make the sauce mix together chicken stock, honey and soy sauce. Blend cornflour with pineapple juice and add to the mixture. Add sauce to the pan and stir whilst bringing to the boil. Transfer all ingredients to the crock pot, place in the slow cooker base and cover with the lid. Cook for approx. 5-8 hours. Serve with rice and fresh green vegetables.

### Pork and pineapple curry

	2.5 litres	4.5 litres
Lean pork, cubed	1.25kg	2kg
Flour	50g	100g flour
Salt	1 tsp	2 tsp
Oi	13 tbsp	3 tbsp
Onions, chopped	1 large	2 large
Curry powder	1 1/2 tsp	3 tsp
Paprika	1 1/2 tsp	2 tsp
Chicken stock	400ml	1 litre
Mango chutney	2 tbsp	3 tbsp
Worcester sauce	2 tsp	3 tsp
Can pineapple cubes, with juice	225g	400g
Bay leaves	2	4

### Method

Toss the pork in the flour and salt. In a pan heat the oil and brown the meat. Add the onions and fry until soft. Stir in the curry powder and paprika. Stir well and cook for a few minutes. Add remaining ingredients, bring to a simmer and transfer to the crock pot. Place crock pot into the base unit. Cook for approx. 4-7 hours. Remove bay leaves before serving.



## Boiled ham

Gammon joint

2.5 litre slow cooker up to 1 kg.

4.5 litre slow cooker up to 1.5 kg.

### Method

Put the gammon in a pan, cover with cold water and bring to the boil, drain and rinse. Place in the crock pot and cover with boiling water. Place the crock pot in the slow cooker base unit and cover with the lid. Cook for approx. 5-7 hours. Drain and cool slightly before removing the skin. Allow to cool. Wrap tightly in kitchen foil. Place in the refrigerator until well chilled. Coat fat with toasted breadcrumbs before serving.

**IMPORTANT:** When buying a joint of meat, make sure that it will fit the size of the slow crock pot. It should fit into the crock pot so that when it is covered with liquid it will still be 2.5cm below the rim of the pot. The joint must not stick out above the rim and there should be enough room to cover the meat with water. The shape of the meat is just as important as the weight.

## Irish stew

	2.5 litres	4.5 litres
Lamb chops	4	8
Onions, sliced	2 large	4 large
Mixed herbs	1 1/2 tsp	3 tsp
Large parsnip	1	2
Carrots, thickly sliced	550g	1 kg
Potatoes, quartered	750g	1.5 kg
Hot vegetable stock	750ml	1 litre
Leeks, sliced	2	3

### Method

Remove any excess fat from the chops and then place in a pan with the onions. Brown chops on each side. Sprinkle over the mixed herbs. Add parsnip, carrots, potatoes, leeks and pour over the stock. Bring to a simmer. Transfer all the ingredients to the crock pot and place into the slow cooker base. Place the lid onto the crock pot. Cook for approx. 5-8 hours.



### Lamb with lentils

	2.5 litres	4.5 litres
Carrots, sliced	425g	800g
Parsnips, sliced	125g	225g
Cloves garlic, crushed	1	2
Bay leaf	1	2
Orange lentils, soaked for 1 hour		
	125g	250g
Salt and freshly ground black pepper		
Red wine	200ml	400ml
Lamb leg fillet cubed	750g	1.5kg
Soy sauce	3 tbsp	4 tbsp
Button mushrooms	200g	300g
Parsley sprigs to garnish		

#### Method

Place the carrots, parsnips, garlic, bay leaf and drained lentils in the slow crock pot and season with salt and pepper. Pour in the wine after bringing to simmering point in a pan. Brush the meat all over with the soy sauce and sprinkle with salt and pepper. Place on top of the vegetables. Place crock pot into the slow cooker base and replace the lid. Cook for approx. 6-8 hours. Add the mushrooms for the last 30 minutes. Discard the bay leaf. Garnish with parsley and serve with a crisp green salad.

### Sausage Pot

	2.5 litres	4.5 litres
Oil	2 tbsp	3 tbsp
Sausage	750g	1.5kg
Onions, finely chopped	1 large	2 large
Carrots, thinly sliced	3	4
Leek, sliced	2	2
Flour	3 tbsp	5 tbsp
Beef stock	400ml	1 litre
Chutney	3 tbsp	5 tbsp
Worcestershire sauce	2 tbsp	3 tbsp
Salt and freshly ground black pepper		

#### Method

In a pan quickly brown the sausages on all sides in the oil. Add the onions, carrots and leeks and gently saute until softened, but not browned. Stir in the flour and cook on a low heat until the oil is absorbed. Slowly add the stock, and bring to the boil, stirring continuously until thickened. Stir in the chutney, worcestershire sauce and seasoning. Transfer all ingredients to the slow crock pot and place into the slow cooker base. Cover with the lid and cook for approx. 5-8 hours. If the sausages contain a lot of fat, any excess can be removed from the surface of the finished dish with kitchen paper.



## Vegetarian curry

	2.5 litres	4.5 litres
Cooking oil	3 tbsp	5 tbsp
Onions, chopped	2 large	4 large
Cloves garlic, crushed	1	2
Curry powder	3 tsp	5 tsp
Lentils	275g	600g
White stock	200ml	2 litre
Lemon juice	2 tsp	3 tsp
Salt and freshly ground black pepper		
Carrots, diced	3	4
Apple, peeled, cored and chopped	2	2
Sultanas	50g	125g

### Method

Heat the oil in a pan. Saute the onion, carrots and garlic lightly. Add the curry powder. Cook gently for one minute. Stir in the stock, lemon juice, salt, pepper and lentils. Bring to the boil and continue to boil for 3 minutes. Transfer all ingredients to the crock pot and place into the slow cooker base. Stir in the apples and sultanas. Place lid on the slow cooker. Cook for approx. 5-8 hours. Ensure that the vegetables are immersed during cooking.

## Desserts

### Pears in Red Wine

Strong red wine (Shiraz/Syrah)	500 ml
Firm pears	6
Cinnamon stick	1
Vanilla pod	1
Peel of half an orange	
Water	200 ml
Fructose	150g

### Method

Pour the wine into your Slow Cooker and then place in the pears, making sure that they are sitting upright. Add the remaining ingredients and cook for 5 hours. Once cooked remove pears, set a side while you put the liquid in to a frying pan and briskly reduce by half or until you have a consistency of double cream. Bear in mind that the more you reduce the liquid the sweeter it will become.

- Serve with vanilla ice cream or a blob of fromage frais.

### Great because...

Pears are rich in soluble fibre which helps to control blood sugar and blood cholesterol levels. It is a low calorie pudding with almost a third of your day's fibre per serving.



### Rice pudding

	2.5 litres	4.5 litres
Butter	25g	40g
Pudding rice	100g	150g
Sugar	100g	150g
Milk	1 litre	1 1/2 litre
Pinch of nutmeg		

Butter the inside of the slow crock pot. Add all ingredients and stir. Place crock pot on the slow cooker base and cover with the lid. Cook for approx. 3-4 hours.

### Fruit compote

	2.5 litres	4.5 litres
Dried mixed fruit, such as apples, prunes, pears, apricots and peaches		
	275g	500g
Sultanas	30g	60g
Raisins	30g	60g
Flaked almonds	20g	35g
Caster sugar	3 tbsp	5 tbsp
Water	625ml	1 litre
Cointreau	3 tbsp	5 tbsp

#### Method

Place all ingredients, except the cointreau, in the slow crock pot. As the apple rings tend to float to the surface and may discolour, put them at the bottom. Cook for approx. 5-7 hours. Transfer the fruit to a serving dish and allow to cool. Cool the fruit first before putting into a cut-glass dish. Stir in the cointreau and serve chilled.

### Weight/volume conversion table

g	oz
5	0.2
10	0.35
100	3.5
500	17.6
1000 (1Kg)	35

ml	floz
50	1.7
100	3.4
200	7
500	17
1000 (1L)	35

### Cleaning your slow cooker

The crock pot and glass lid may be washed in a dishwasher or wash by hand in hot soapy water. Do not use harsh abrasive cleaners.

If you wash the glass lid in hot soapy water, use a sponge or dishcloth. Rinse and dry thoroughly.

Do not immerse the electrical base in water or any other liquid.

The base may be wiped clean as follows. Unplug the base from the mains. Wipe the base over gently with a dish cloth.

Ensure that the plug and electrical connections remain dry at all times.

### HELPLINE

If you have any difficulty with your appliance, do not hesitate to call us.

We are more likely to be able to help than the store from where you bought it.



Please have the following information ready to enable our staff to deal with your query quickly.

- Name of the product.
- Model number as shown on the underside of the appliance.
- Serial number as shown on the underside of the appliance.

## **YOUR TWO-YEAR GUARANTEE**

This appliance is covered by two-year repair or replacement warranty.

It is important to retain the retailers receipt as proof of purchase. Staple your receipt to this back cover for future reference.

Please quote the following information if the product develops a fault. These numbers can be found on the base of the product.

Model no.

Serial no.

All Morphy Richards products are individually tested before leaving the factory. In the unlikely event of any appliance proving to be faulty within 28 days of purchase it should be returned to the place of purchase for it to be replaced.

If the fault develops after 28 days and within 24 months of original purchase, you should contact Morphy Richards quoting Model number and Serial number on the product, or write to Morphy Richards at the address shown.

You will be asked to return the product (in secure, adequate packaging) to the address below along with a copy of proof of purchase.

Subject to the exclusions set out below (1-6) the faulty appliance will then be repaired or replaced and dispatched usually within 7 working days of receipt.

If for any reason this item is replaced during the 2-year guarantee period, the guarantee on the new item will be calculated from original purchase date. Therefore it

is vital to retain your original till receipt or invoice to indicate the date of initial purchase.

To qualify for the 2-year guarantee the appliance must have been used according to the manufacturers instructions. For example, appliances must have been descaled and filters must have been kept clean as instructed.

Morphy Richards shall not be liable to replace or repair the goods under the terms of the guarantee where:

- 1 The fault has been caused or is attributable to accidental use, misuse, negligent use or used contrary to the manufacturers recommendations or where the fault has been caused by power surges or damage caused in transit.
- 2 The appliance has been used on a voltage supply other than that stamped on the products.
- 3 Repairs have been attempted by persons other than our service staff (or authorised dealer).
- 4 Where the appliance has been used for hire purposes or non domestic use.
- 5 Morphy Richards are not liable to carry out any type of servicing work, under the guarantee.
- 6 The guarantee excludes consumables such as bags, filters and glass carafes.

This guarantee does not confer any rights other than those expressly set out above and does not cover any claims for consequential loss or damage. This guarantee is offered as an additional benefit and does not affect your statutory rights as a consumer.

## **AUSTRALIAN WARRANTY**

This appliance is guaranteed for 2 years against faulty material, components and workmanship.

This warranty is in addition and does not affect your statutory rights.

Proof of purchase must be produced for any warranty benefit.



In the unlikely event of any appliance proving to be faulty, securely pack and return the item to the place of purchase accompanied by the original receipt or invoice.

### **NOT COVERED BY THIS WARRANTY** *(Australian only)*

- If the appliance has not been used in accordance with the manufacturers' recommendations or Instructions.
- If the fault is deemed to be caused by abuse, misuse, neglect, modifications or in proper use and or care  
Eg: Kettles: Excessive build up of scale.  
Toasters: Excessive build up of crumbs or foreign matter etc.
- Connection to incorrect voltage to that stamped on the product
- Unauthorised repairs
- Appliance used other than for domestic purposes.
- Excluding bags, filters, glass, carafes, and cutting blades.
- Freight and insurance costs.

If for any reason this item is replaced during the 2 year guarantee period, the guarantee on the new item will be calculated from original purchase date. Therefore it is vital to retain your original receipt or invoice to indicate the date of original purchase.

Morphy Richards's policy is to continually improve quality design and product quality. The company therefore reserves the right to change any specifications or to carry out modifications as deemed worthy at any time.

The Australian supplier ASKO Appliances reserves the right to repair, modify, exchange or replace the faulty appliance with the same or similar model or product of equivalent value.

## **SERVICE CENTRE ADDENDUM**

### **Locations**

#### **Asko Appliances (Australia) Pty Ltd**

Victoria  
35 Sunmore Close  
Moorabbin 3189  
03 8551 2200

#### **New South Wales**

F3/3-9 Birnie Ave  
Lidcombe 2141  
02 8748 2900

#### **Queensland**

2/112 Fison Ave  
Eagle Farm 4009  
07 3623 2700

#### **South Australia**

45 Hampton Road  
Keswick 5035  
08 8292 9500

#### **Western Australia**

15 Walters Drive  
Osborne Park 6017  
08 9347 0600





---

**AUS** Morphy Richards products are intended for household use only.  
Morphy Richards has a policy of continuous improvement in product quality and design.  
The Company, therefore, reserves the right to change the specification of its models at any time.

**morphy richards®**

48720MAUS Rev 1 10/07

**www.morphyrichards.com**

