# INSTRUCTIONS FOR USE

**OS8440** 

# Instructions for use **Steam Oven**

#### Dear customer,

Thank you for choosing this quality product from ASKO. We hope it will meet all of your expectations and full fill your needs for many years to come.

The Scandinavian design is a combination of clean lines, everyday functionality and high quality. This is the hallmarks for all of our products and this is why they are so highly appreciated all over the world.

To get the most out of your new ASKO product, we recommend that you read the installation and operating instructions before using the machine.

**ASKO 8030S84401** 

### Information for user

#### STEAM COOKING

#### Overview

Steam cooking presents nothing but advantages if you follow the instructions for use. Healthy and natural, steam cooking preserves the full flavour of foods. A delicate sauce or aromatic herb seasonings add that something extra that makes the difference.

This kind of cooking releases no odours. There is no need to season the cooking water with herbs or spices; however, you can flavour a fish by placing it on a bed of seaweed or make a savoury poultry dish by adding a bunch of rosemary or tarragon.

You can simultaneously cook meat, fish and vegetables.

Steam cooking gently reheats pasta, rice and mashed potatoes with no risk of food sticking or drying out.

It facilitates cooking custard creams and tarts, rice pudding... covered with aluminium foil, the condensation water does not add moisture to the preparations.

There is no need to season before cooking, not even the steam water.

To make meat look more appetising, quickly brown it on all sides with hot butter in a pan.

Compared to boiling, steam offers nothing but advantages:

It is quick: cooking starts immediately whereas for food in a water-filled dish, the cook time only begins counting down once the water returns to a full boil.

It is healthy: vitamins (those that are water soluble) and minerals are well preserved because they scarcely dissolve in the condensation water that touches the food.

Moreover, no fats are used for this type of cooking.

The steam maintains the taste of food. It does not add odours, nor the taste of the grill or the pan. Furthermore, it takes nothing away because the food is not diluted in the water.

Words of advice: there is no point in using this cooking method to prepare fish that is not fresh or vegetables left in the refrigerator for a week: the results will be catastrophic! therefore do not hesitate to save both time and money by cooking items side by side, but without touching. For example, you can cook a fish next to a dessert.

Steam is also appropriate for blanching, defrosting and reheating or even holding warm, especially sauces.

First use a very small amount of fat to heat meats like poultry, veal and pork so that they take on an appetizing browned appearance. Then finish cooking them using the steam method.

Cut into pieces, food cooks faster and more evenly than if left whole.

### Information for user

#### Safety instructions

This appliance is intended for Domestic Cooking use and should be used in accordance with the information and instructions included within this manual. Any deviation from this may result in damage or personal injury.

This oven was designed for use by private persons in their homes. It is intended solely for cooking foodstuffs. This oven does not contain any asbestos-based components.

This appliance is not intended for use by children, the elderly or infirm or persons with reduced physical sensory or mental capabilities unless supervised by a person responsible for their safety.

Children should be supervised to ensure they don't play with the appliance.

During use some external parts of this appliance become hot. They can remain hot for some time after the oven has been turned off. Care should be taken to avoid burns.

Children should be kept away at all time during use and in the cool down periods to safeguard against burns

When you receive the appliance, unpack it or have it unpacked immediately. Give it an overall inspection. Make note of any concerns or reservations on the delivery slip and make sure to keep a copy of this form. Your appliance is intended for standard household use. Do not use it for commercial or industrial purposes or for any other purpose than that for which it was designed.

Do not modify or attempt to modify any of the characteristics of this appliance. This would be dangerous to your safety. Keep young children away from the appliance while it is in operation. In this way you will avoid the danger of them being burned by knocking over cooking recipients. Never pull your appliance by the door handle. During cooking, ensure that the door of your oven is completely closed so that the seal can do its job properly.

When in use, the appliance becomes hot. Do not touch the heating elements located inside the oven. In doing so, you would run the risk of suffering serious burns. When placing dishes inside or removing them from the oven, use heat-protective kitchen gloves.

At the end of cooking, do not touch the dishes with bare hands.

Do not place heavy weights on the open oven door, and make sure that children are able neither to climb nor sit on it. The oven must be turned off when cleaning inside the oven.

Intensive and prolonged use of the

Intensive and prolonged use of the appliance may give rise to the need for additional ventilation, by opening a window, or by increasing the power of the mechanical fan.

Additionally to the accessories supplied with your oven, only use dishes which resist high temperatures (follow the manufacturer's instructions).

After using your oven, make sure that all the controls are in their stop position. Never use steam or high-pressure devices to clean the oven (requirement imposed by electrical safety concerns).

#### Caution

safety of others.

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Installation, maintenance or repairs should be carried out only by a suitably recognized qualified person. This appliance is designed to be built in and fastened securely so as to prevent tipping:

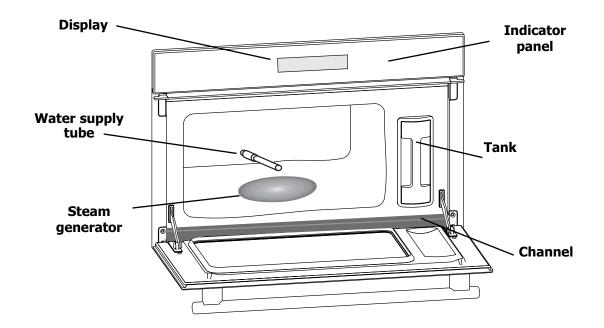
See - Installers Information.
Keep this user guide with your appliance. If the appliance is ever sold or transferred to another person, ensure that the new owner receives the user guide. Please become familiar with these recommendations before installing and using your oven. They were written for your safety and the

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# Description of your appliance



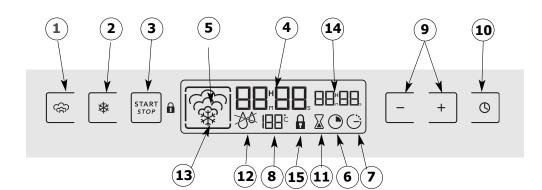
# Description of your appliance

- 1. Steam cooking control
- 2. Defrosting button
- 3. Start/Stop control
- 4. Time and delay display or timed period
- 5. Steam cooking symbol
- 6. Cooking time symbol
- 7. End of cooking time symbol

- 8. Temperature display
- 9. +/- controls for timer
- 10. Selector button: SET
- 11. Autonomous timer
- 12. Water circuit problem signal
- 13. Defrosting symbol
- 14. Display of the cooking period or

delayed start time

15. Control panel locked



### **Accessories**

#### Tin ware

Food dish (fig.1)

Pierced stainless steel cooking dish to prevent contact between food and condensation water.

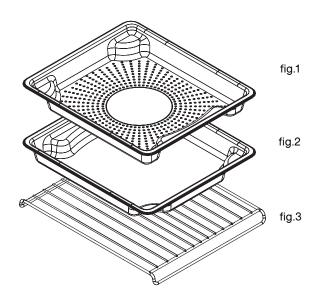
Condensate dish (fig.2)
Dish to recover the condensation water

When cooking place the fig.1 dish on the fig.2 dish in reverse order so that they do not fit into each other (see diagram).

When storing place the fig.1 dish on the fig.2 dish in the same order so that they fit into each other.

Grid (fig.3)

Stainless steel removable support grid: it must be placed in the oven.



The cookware may be cleaned in the dishwasher.

#### Removable tank

Tank for the independent water supply of your oven.

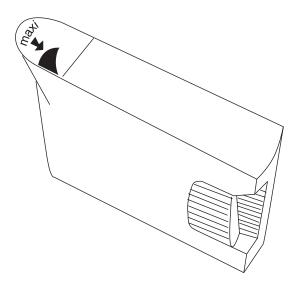
It can hold about 1 litre (maximum level).

#### Caution

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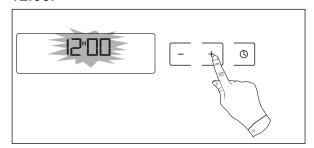
Use of water that is low in calcium will make cleaning your oven easier.

The use of distilled water is forbidden (not suitable for food use).



#### **Setting the time**

The first time the oven is turned on:Set the time.The display flashes on 12.00.



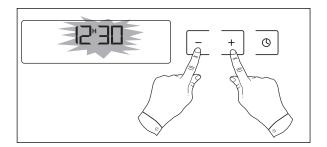
Use the + and - buttons to adjust the time.



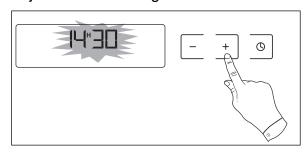
Exemple: 12H30

Validate with SET" \_\_\_\_\_. The time is displayed.

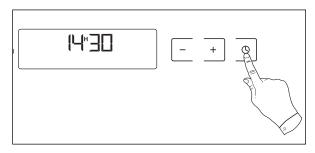
Press on the + and - buttons simultaneously until the time starts to flash.Adjust the time using the + and -button."



Adjust the time using the + and -button.



Validate with SET" \_\_\_\_\_\_".



#### Caution

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If the time set is not validated by the SET button, it is automatically recorded after one minute.

# Cooking immediately

#### Operational principle

The water contained in the tank reaches the cavity via a tube. This water is transformed into steam on contact with a hot surface placed in the lower part of the cavity:

the steam generator.

There is no need to add water to the cooking dish. To guarantee TRUE STEAM COOKING, your oven is supplied with a set of specially designed for cookware to perfection.

#### **Attention**

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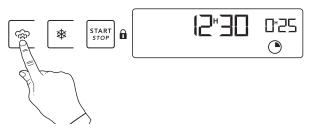
You MUST IMPERATIVELY fill the water tank up to the maximum level before starting cooking. Put the tank back in place, and push it as far as possible until it CLICKS INTO PLACE.

When cooking, the appliance gets hot. Hot steam may escape when you open the door of the appliance. Keep children out of the way.

#### Steam coockin

Steam cooking at 100°C.

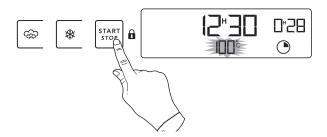
Press the button A time of 25 minutes is suggested.



Adjust the cooking time as necessary (minimum 5 min and maximum 60 min by pressing on + and - button



Validate with the START button.



The symbol comes on. When the temperature is reached, 100° becomes constant, and a beep sounds.



#### Caution

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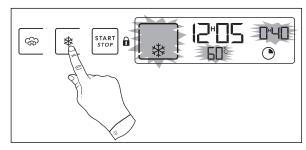
In order to avoid altering the results of the cooking, avoid opening the appliance door during cooking.

#### **Defrosting**

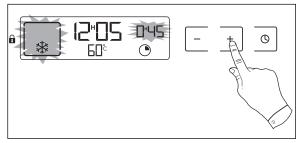
Defrosting at 60°C.

Press the button

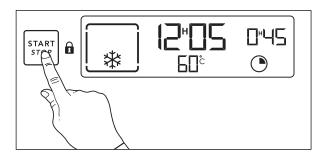
A time of 40 minutes is suggested.



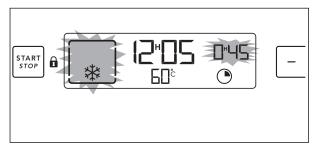
Adjust the cooking time as necessary (minimum 5 min and maximum 60 min by pressing on + and - button.



Validate with the START button.



The symbol \*\* comes on. When the temperature is reached, 60° becomes constant, and a beep sounds



# Modifying the cooking time

During cooking, you can modify the cooking time by using the + and - buttons.

# Stopping the appliance during cooking

You can stop the cooking at all times by pressing on START/STOP (hold the button down for about 1 second).

If the steam production has not yet started (about 1 minute), the oven will stop immediately and the time setting will disappear.

If the steam production has already started, the time passes to 3 minutes and during this period, the steam evacuates before you open the oven.

#### At the end of cooking

0m00s displays. The display animation stops. Beeps are heard for a 3 minute period.

To stop the beeps, press on STOP and open the door.



# You MUST IMPERATIVELY empty the tank



In order to make sure the oven is reliable, the fan continues to operate for a certain period after the end of cooking.

#### Advice

Freeze small portions; defrosting will be faster, more homogenous and quality will be preserved. When semi-defrosted, you can turn over the food items or spread them out (for example vegetables patties). Protect pastries with a cling wrap or keep the original packaging. Wipe fish and sausages before grilling: humidity stops them from becoming golden brown. For large pieces (roasts, etc.) proceed in steps by turning the piece over several times and adjust the time accordingly.

#### Reheating

You can reheat a cooked dish in your steam oven. The dish will not dry out, will not become overcooked and will not splatter or stick. Adjust steam sequence at 100°C, place the dish or plate on the grill, protect with aluminium foil or cling wrap to avoid drops of water accumulating and heat for 20 to 25 minutes depending on the dish and your preferences. Examples:

A plate of sauerkraut: 20 min.

A bowl of soup (300 ml): 20/25 min

VEGETABLES	Patties (spinach, etc.)	placed on dish	25 min
VEGET	In blocks	placed on dish	40/45 min
	Trout (whole)	placed on dish	30 min
FISH	Salmon steak	placed on dish, turned over half way through	25 min
	Filets (protected by a cling wrap)	placed on dish	15/20 min depending on thickness
	Prawns	placed on dish	10/12 min
LS	Chicken thighs	placed on dish, turned over half way through	40/45 min
	Poultry breast (protected by a film)		25 min
MEATS	Sausages	placed on dish	25 min
_	Chops (pork, veal, etc.)	placed on dish, protected by a cling wrap, placed on the grill	25/30 min
	Liver cubes (for skewers)	to be separated half way through	55/60 min
Ę	Mixed berries	placed on dish	15 min
FRUIT	Stewed fruit (apple, etc.)	protected by a cling wrap	35/40 min
PASTRIES	Doughnuts	kept in packaging, placed on the grill	15 min
PAST	Chocolate croissants	kept in packaging, placed on the grill	15 min

#### Managing the wate

In case of problems related to the water circuit during cooking, the 'no water' symbol appears and a beep sounds. This fault is specifically related to:

- an empty tank,
- a wrongly-fitted tank.

After checking these two points, the cooking will recommence automatically after the door.



# Comment faire une cuisson différée ?

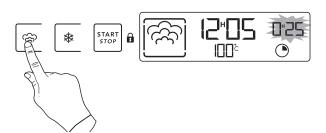
Steam cooking at 100°C.

You can program the cooking time so that your dish is ready at a time of your choice.

#### For example:

It is 12h05 o'clock, and you have to go out, your dish should be ready at 13 o'clock and it will take 20 minutes to cook.

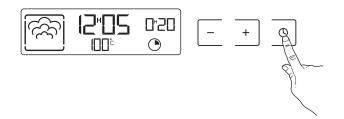
Press the button . A time of 25 minutes is suggested.



Adjust the cooking time as necessary (minimum 5 min and maximum 60min) by pressing on + and - button. For example: 20 min.



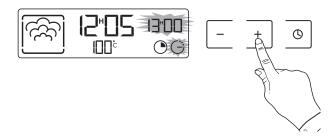
Validate with the SET button.



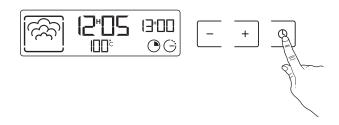
The time and the end of cooking time symbol display and flash. The adjustment of the end of cooking

time is now possible:

Press the + or - buttons For example : 12h00



Validate with the SET button.



Validate with the SET button.

The time and the end of cooking time become constant.

The symbol for the length of cooking time displays.

# Modification of cooking time and the end of cooking time

You can consult or modify the length of cooking time and the end of cooking time, at all times.

To cancel the programming, press START/STOP.

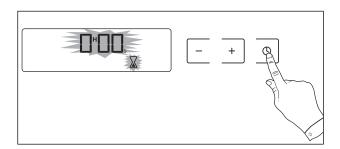
#### How to use the timer

Your oven is fitted with an electronic timer that is independent of the operation of the oven, and allows time to be counted down.

This function is independent of your oven. It can not order the end of automatic cooking.

However, this function can be used even during operation of the oven. In this case, the display of the timer is given priority over the display of the time.

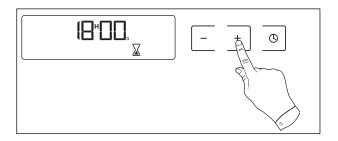
Hold the SET button down for a few seconds. 00m00s and the timer symbol flash.



Adjust to the period required (maximum 9 minutes and 50 seconds) using the + and - buttons.

After a few seconds, the timer counts down the time.

Once the time has run out, beeps will sound every few seconds. 0m00s displays and flashes.



#### Modifying and stopping the timer

The beeps can be stopped by holding down SET or START.

Once the countdown has started, you can modify the time remaining by holding down SET then pressing the + or - buttons.

To cancel the timer, hold SET down for a few seconds, then return the time to 0m00s.

# **Cooking times**

VEGETABLES	TIME Whatever the quantity	PREPARATION	REMARKS	
Artichokes (Small)	40 to 45 min .	placed upside down in the dish	on the nature, size and freshness of the	
Asparagus	35 to 40 min.	for the tips, reduce the cooking time		
Broccoli	18 min.	in little flowerets	vegetables. Follow the instructions given in the "Preparation" column.	
Carrots	20 to 22 min.	in fine slices		
Celeriac	25 to 30 min.	in fine slices	The cooking time is	
Pumpkin	15 to 20 min.	in cubes	the same regardless of the quantity to be	
Mushrooms	15 min.	in fine strips	cooked.  For example: 1 or 4	
Cabbage	30 to 35 min. 22 min. 30 to 35 min.	Brussels sprouts Flowers in little bunches Green shredded	artichokes, same cooking time.  • To check how well	
Courgettes	10 to 15 min.	in slices	done the food is, test the thickest part of the	
Chinese artichokes	20 min.		vegetable; if it is cooked, it will not	
Spinach	20 min. 35 min	(fresh) stir during cooking (frozen) " "	resist.	
Chicory	30 min.	core removed and cut in two lengthwise		
Fennel	22 min.	cut in 2		
Green beans	30 to 35 min.			
Turnips	15 to 20 min.	cubed		
Fresh peas	20 to 25 min.	/		
Leeks	25 min.	cut in 2		
Potatoes	25 min. 40 to 45 min.	sliced whole		
SHELLFISH	TIME	PREPARATION	REMARKS	
Scallops	10 to 12 min.	with aromatic herbs	Arrange the shellfish on a grill or glass dish,	
Mussels/Whelks	20 to 25 min.	with aromatic herbs	and add a few aromatic herbs	
Crabs/Lobster/	25 min.	/	Arrange seafood on a bed of seaweed.	
Dublin Bay	30 to 35 min.	according to weight	bed of seaweed.	
Prawns	12 to 15 min.	/		
FRUITS CUSTARDS	TIME	PREPARATION	REMARKS	
Apples/ pears/ peaches	10 to 15 min.	whole, peeled	Time according to	
puree 25 min.		strips of fruit	ripeness	
Custards	10 min.	in ramekins		

# **Cooking times**

FISH	TIME	PREPARATION	REMARKS	
Pike	25 to 30 min.	whole (1kg)	• *Steaks :slices of fish 2	
Cod/hake	13 to 15 min.	steaks (180g)*	or 3 cm thick (180/200g) per person.	
Sea bream	20 to 25 min.	whole (1kg)	Always insist on very f r e s h products     Place whole fish	
Haddock	15 min.	fillets		
Herring	20 min.	whole (200g)	directly into the dish or on bay leaves, fennel or	
Monkfish	15 to 20 min.	steaks (180 g)	other herbs.	
Lotte	15 min.	according to thickness	• At the end of cooking, remove the skin which	
Mackerel	20 min.	whole (250g)	will come away easily.	
Whiting/cod	15 min.	fillets		
Skate	25 to 30 min.			
Mullet	15 min.	whole (200g)		
Mullets	10 min.	fillets		
Dogfish	20 min.	thick slice (6 to 10 cm long)		
Salmon	15 to 20 min.	steaks (180/200 g)		
Sole	10 to 12 min.	fillets		
Tuna	20 to 25 min.	steaks (180/200 g)		
Whole trout (1kg)	20 to 25 min.	whole (200g) <b>13 to 15 min.</b>		
MEATS/ EGGS	TIME	PREPARATION	REMARKS	
Beef	15 to 30 min.			
Pork (filet mignon)	25 min.	Joint 800 gr.: <b>55 to 60 min.</b>	The brown under	
Poultry (breast, fillet)	20 to 25 min.	Chicken drumsticks : <b>35 to 40 min.</b>	grill in another dish.	
(Paupiettes)	25 min.	Turkey roast joint : <b>50 to 60 min.</b>		
Sausages	20 min.	Morteau 400 g piece		
Black pudding	10 to 15 min.			
_	7 min.	Boiled eggs : Place directly on the grill.		
Eggs eggs that are very fresh	5 to 6 min.	Fried eggs: broken in an individual dish on cling film	dual dish on the grill and cover with	
and stored at room temperature	8 min.	Soft-boiled: Place directly on the grill.		
temperature	10 to 12 min.	Hard / Cocotte see detailed recipes.		
RICE, PASTA COUCOUS	TIME	PREPARATION	REMARKS	
		The steam is not sufficiently wet to saturadish to protect it from the droplets of water		
		100 - 5	•Separate grains with a	
Rice pudding	30 min.	100g of washed rice - 20 cl of milk - 2 dessertspoons of sugar	fork at the end of the cooking.	

# How to maintain your oven

#### **Troubleshooting**

#### **IF YOU REALIZE THAT POSSIBLE** WHAT SHOULD YOU CAUSES DO? A fault in the oven Check that the tank has electrical supply. been pushed in completely. The display panel is not lit - Contact the After-Sales up. Service. Electric card out of order. The bulb needs Change the bulb. replacing. Switch the oven on at the The oven is not mains. The light doesn't work. switched on at the mains. Change the fuse. The fuse has blown. The door is not shut Water or steam correctly. - Contact the After-Sales The door seal is leaking from the door Service. during cooking. faulty.

In all cases, if you are unable to solve the problem yourself, <u>please contact the After-Sales Service without delay.</u>

# How to install your oven

# Electrical connection

For a permanent connection, make sure a system of disconnection that complies with the installation regulations. The appliance must be placed in such a way as to leave the plug accessible if it is flush-fitted. Use of an earthed power socket, connected in compliance with current safety standards Your installation must be fitted with a 10 amp device for thermal protection. Do not use the oven if the supply cord or its plug are damaged. In this case, they must be replaced by the manufacturer, its after-sales service or similarly qualified persons, to avoid any danger.

Operating voltage
Energy consumption -Heating to 100°C and maintaining temperature for 1 hour 0,71 kWh Inside dimensions of oven
Width
Height
Depth
Usable volume

# How to install your oven

#### Housing

#### NB

The oven may be housed either under a work surface or built into a column that is open\* or closed with a suitable opening.

Your oven works at its best and produces excellent results when cooking and cleaning itself, if its air circulation is not compromised:

- The oven must be centred in the unit so that there is a minimum distance of 5 mm between it and the surrounding unit.
- The housing unit or its outer surface must be capable of withstanding heat.
- To ensure the oven rests firmly in the housing, screw it to the housing unit using the holes on the side uprights provided (see diagram).

#### To do this:

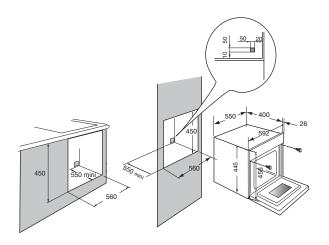
Remove the rubber stoppers masking the fixing holes.

To prevent the housing unit splintering, drill two holes 3 mm in diameter in the wall of the housing unit opposite the fixing holes.

Attach the oven using the two screws.

Conceal the hole using the rubber stoppers. (These also help to cushion the closing of the oven door).

(\*) If the housing unit is open at the back, the gap must not be more than 70 mm.



# How to maintain your oven

#### How to maintain your oven

Cavity (after each use)

Wipe out the cavity with a dry cloth after the steam generator has cooled or leave the cavity to dry out with the door open.

Water supply tube (Once per month)

Remove the water supply tube by unscrewing it.

Remove any scale that may have formed on the inside (using a fine, pointed object such as a skewer or knitting needle).

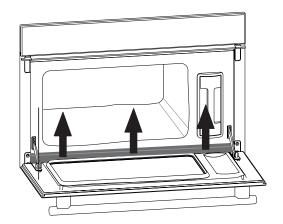
Steam generator tube (Once per month)

Pour half a glass of spirit vinegar onto the generator.

Leave to work for a few minutes, clean and rinse with water.

Do not use sponges, abrasive powder, or descaler.

#### Cleaning the channel



Dismantle this channel by pulling upwards. Wipe it and replace it, using the three notches provided for this purpose.

The oven must not be cleaned with a steam cleaner.

#### Caution



- Make sure the oven is switched off and not hot.
- Avoid touching heating elements.

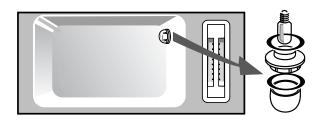
# How to maintain your oven

Before proceeding to manual cleaning your oven, let cool.

In general, abrasive powder and metal sponges and sharp objects are banned.

#### Changing the bulb

The bulb is by the far right corner.



- Turn the cover slightly anticlockwise (left).
- Unscrew the bulb the same way. The bulb is a :
  - 15 W
  - 220-240 V
  - 300°C
  - Douille E14
- Change the bulb and reassemble the unit making sure the seals are positioned correctly.
- Switch the oven back on at the mains.

#### Caution



Always switch the oven off at the mains before

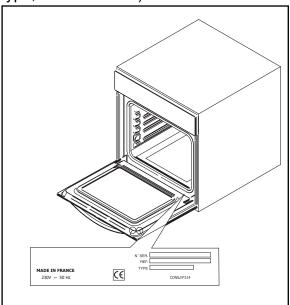
changing the bulb in order to safeguard against electric shocks.

### After-self service

#### **REPAIRS**

I

nterventions Any repairs that are made to your appliancemust be handled by a qualified professionalauthorised to work on the brand. When youcall, mention your appliance's complete refe-rence (model, type, serial number). This infor-mation



appears on the manufacturer's name-plate (Fig.1).SPARE PARTSDuring maintenance work, request the exclu-sive use of certified genuine replacementparts.

